

# Rainbow Pack - Home Learning



Week 8

Thursday 14<sup>th</sup> May 2020

## Make a Splash!

Playing with water is a sensory, immersive, calming experience. It improves fine motor skills, provides opportunities for exploration and experimentation and can be an outlet for creativity and imaginative play.

It is also a lot of fun – so this week, let's make a splash!

### Washing station



Set up a washing station in the garden and ask the children to clean some toys. You'll need a few bowls of warm water – some with soap in for washing and some without for rinsing – along with sponges and brushes for scrubbing, and towels for drying. You could make this activity more specific, for example, it could be a car wash (for cleaning all the toy vehicles) or a laundry (for washing and pegging out toy clothes).



This 'Muddy Trucks & Car-Wash' activity from <http://busytoddler.com> has 2 stages – first enjoy playing in the mud and then move on to playing in the water.

This could be even more fun with **Bubble Foam**.

To make this you need bubble bath or body wash and food colouring. The magic of bubble foam is a 2:1 ratio – 2 parts bubblebath to 1 part water. For the activity in the picture, use 1/2 cup bubblebath with 1/4 cup of water for each colour. Add in a few drops of food colouring to make it just a little more special.



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## I'm forever blowing bubbles!

Blowing bubbles is always lots of fun. See if you can try these ideas from Alistair Bryce-Clegg's website <https://abcdoes.com/home-learning>

**BIG BUBBLE BLOWER!**

Jen Woolhouse

You need:

- A plastic bottle
- Sock or fabric
- Elastic band
- Washing up liquid
- Water

- Cut the bottom off the bottle, put the sock over the end and secure with the elastic band.

- Dip it in the washing up liquid and water and then blow!

**Natural Bubble Wands**

Find some Y sticks or bendy sticks. Attach some string across the top or tie into a circle. Dip into the bubble mixture. Then blow, twirl, run and see the bubbles appear.

**nifsa**  
Northern Ireland Forest School Association

## Water Painting

Painting on the ground with water is a fun activity that allows children the freedom to make as much 'mess' as they like – it will soon disappear! Try different ways of applying the water, using brushes, sponges or squirry bottles, and see what kind of results you get.

Draw pictures on the floor in water, write your name, or leave each other messages that have to be read before the message dries and disappears!



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## Boat & Duck Races

Unroll a length of aluminium foil and curl the edges up slightly all along the sides and ends. Lay it out on the ground and put some water in. Get a few small plastic boats or ducks and some water pistols or squirty bottles; the children race the boats and ducks along the foil 'river' by squirting them with their water pistols. You could try using a piece of guttering instead.

<https://www.firstdiscoverers.co.uk>



You could even make your own boats, like these ones made out of bottle tops. Try folded paper and different sized containers to see if you can make a boat that doesn't sink!



## Ice Excavation

Freeze some small toys in a block or individual containers, and get the children to 'rescue' them from the ice.

The round ones in the picture have been frozen in balloons.



## Water Xylophone

Collect some glass bottles and jars, and fill them with water. Use spoons or percussion sticks to strike them and listen out for the different notes that they make. Experiment with water levels, and discover what happens. You could add food colouring too. Can you play a tune on your bottles?



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## Song of the Week – Wash your hands

We are all getting very good at washing our hands at the moment. See if you can sing along with Mr. Tumble.

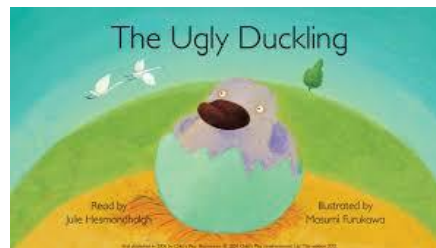
<https://www.youtube.com/watch?v=orBR87I9P5g>

## Story of the Week

### The Ugly Duckling

Read by Julie Hesmondhalgh

Illustrated by Masumi Furukawa



<https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/ugly-duckling-and-friends>

The ugly duckling learns to swim in this story. Read it together, then meet the other fairy tale characters and play the games too.

## Musical Story of the Week

### A Hole in the Bottom of the Sea

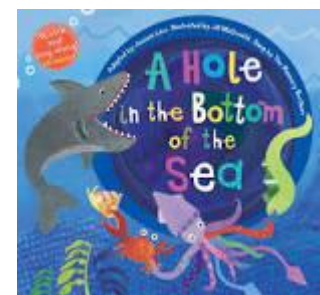
Adapted by Jessica Law Illustrated by Jill McDonald

We've got a very watery story to sing along to today!

<https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/A-hole-in-the-bottom-of-the-sea/>

Read this story together and then go through the Cbeebies magic door to learn the dance to go with the story!

<https://www.bbc.co.uk/cbeebies/watch/magic-door-under-the-sea>



## Have fun playing and learning together!

Chris Dixon

Early Years Advisor

St Helens Virtual School