

# Rainbow Pack - Home Learning



Week 6

Thursday 30<sup>th</sup> April 2020

## Don't Worry, Be Happy!!

Who do you wish you could see? I'm sure there are some special people you are really missing at the moment.

Could you make a 'mini-me' of your children's friends? If you have any photographs, cut them out, stick them onto cardboard and then attach them to something so that they can stand up. Now you can play with your friends again! If you haven't got any photographs, draw a picture of them.



## FAMILY I CAN'T SEE... MINI ME



### WHAT IS A MINI ME?

A mini me is a small version of you!

Usually a photograph that has been printed, laminated and stuck to something that will help it to stand up.

Lots of Early Years settings use mini mes of children (and staff) to add into play. The children LOVE them.

Why not make some with your child of the family they are not seeing at the moment?

### WHAT TO DO:

- Find a photo of the person you are going to make 'mini'
- Print it out
- Cut around their outline
- Laminate it (if you have a fancy laminator!) or...stick it onto some cardboard (like the back of a cereal packet).
- Glue or tape your mini me to something like a small bottle, yoghurt pot, small box...anything to help it to stand up.
- PLAY!

Do the same thing for family members. This way, nan and grandad can join you at the tea table!

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## Old toys – new ideas!

We have been at home a long time now. I hope you aren't getting bored! We all have favourite toys but can you think of some different games to play with the toys you have already got?



### What you need:

- Dinosaurus
- Elastic bands or loom bands

### What you do:

- Use the elastic bands to tie around the dinosaurs (or other objects) then try and free them. This will support your child's fine motor skills.

- You could tie up your toy animals or dinosaurs and see how long it takes you to rescue them!
- Ask somebody to hide your animals and give you clues to find them again.
- On a sunny day, use your toys to draw shadow pictures.

## Shadow Drawing

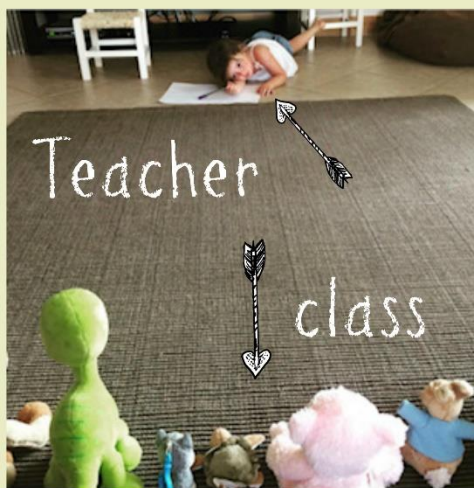
Make the most of the sun and explore light and shadows.

Place your object of choice on your paper and use it as a guide to trace the outline.



Aidan Slinn

## Create a home school!



Invite a range of toys to attend school/nursery for the session. Allow the child to plan the session in advance if age appropriate. Encourage familiar routines such as welcome, storytime, snack, singing, and direct teaching! Suggest the 'teacher' shares what they know with their class, eg numbers, colours, letters, stories.

This is a good way of creating familiar role play, which will encourage feelings of security and safety. Also good for confidence building.

Carolyn Gorham

If you are missing nursery, set up your own school or nursery with your toys. Sing your favourite songs.

Can you pretend to be the teacher? What words or phrases does your key-worker usually say to you?

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## Making tracks

Here are some ideas for games you can play with your toy cars and trains.



### Masking Tape Track

All you need for this really simple but effective activity is a roll of masking tape, a space and some wheeled toys. Make a track with your tape (dont forget to include some twists and turns).  
Play!

Use masking tape to make a track for your cars on the floor or on a table. If you've got chalk, you could draw a track on the floor outside.



Table Top Town

You could even tape a pencil or a crayon to the back of your cars and use them to make tracks.



These activities are all from Alistair Bryce-Clegg's website  
<https://abcdoes.com/home-learning>

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## Song of the Week – Don't Worry, Be Happy

<https://www.youtube.com/watch?v=uWXUWepSak4>

Watch this song sung by children from around the world. You could dance as they sing and join in with the chorus. This will definitely make you feel happy!

You could also sing 'If You're Happy and you Know It' with Mr. Tumble

<https://www.youtube.com/watch?v=FSdb5wrDHnU>

## Story of the Week

### Silly Billy by Anthony Browne

<https://youtu.be/deAMIYyzKPk>



**Worry Dolls**

**What are Worry Dolls?**

Worry dolls are tiny dolls that children tell their worries to before placing them under their pillow at night.

The worry dolls take the children's worries away while they sleep.

They are a lovely opportunity to encourage children to talk about how they are feeling.

**What to do:**

- Break your sticks or twigs into small lengths (about 5cms).
- Wrap different colours of wool, ribbon or thread around your stick (use a skin colour towards the top for a face). Tie off the ends.
- Felt tip a face onto your doll.

**What you need:**

- small sticks or twigs
- wool, ribbon or thread
- felt tip pens

happyhooligans.ca

I know you will love this story read by Alistair Bryce-Clegg

After the story, follow the instructions on the video to make a worry doll to put under your pillow at night.

## Have fun playing and learning together!

Chris Dixon

Early Years Advisor, St Helens Virtual School